

COVID-19 Reopening Plan

Food Handling



4-H Nova Scotia recommends the following for food handling during COVID-19:

- It is currently best practice that food at meetings be prohibited. 4-H Nova Scotia recognizes the need for foods to be present at certain project meetings and at events that are long in duration.
- Where food is a required part of a project meeting, leaders perform a demonstration with the use of their own utensils.
- In order for members to practice their skills under a leader's supervision, members may bring their own pre-measured portions and their own utensils to work with.
- Any product made should be sent home with the member who made it.
- Meetings that require a nutrition break will require participants to bring their own lunches and take any garbage they produce with them.
- **Food is not to be shared between participants.**