

# Cake Decorating

## 4-H Project Newsletter

*This Cake Decorating Project Newsletter contains information specific to the CAKE DECORATING Project. Please use it in conjunction with the General 4-H Information Bulletin, so that you are aware of Achievement Day completion requirements as well as general opportunities and information pertaining to all 4-H members. This Project Newsletter, as well as the General 4-H Information Bulletin, will be updated in December of each year, if necessary, based on changes made at the 4-H Nova Scotia Annual General Meeting.*

Welcome to the 4-H Cake Decorating Project! This newsletter is a guide to the project year. Please read it carefully because it contains the rules and project requirements all members and leaders need to know for this project. If you have any questions, contact your project leader or your Regional Agriculture Extension Coordinator (AEC). Enjoy your year in the Cake Decorating Project and have fun!

*The cake decorating project is divided into five (5) levels.*

**PLEASE NOTE - Members may stay in:**

**Level 1 for 1 year**

**Level 2 for 2 years**

**Level 3 for 3 years**

**Level 4 and 5 have no time limit**

### **Cake Decorating Project Work Requirements**

On Achievement Day, Cake Decorating members will be required to display a decorated (real) cake and 1 additional article.

### **Supplies Needed**

2 decorating bags (10")

2 couplers

1 cake spatula

Tips and tools for each specific level

Set of four (4) basic gel food colours

Toothpicks

Apron

Solid container with lid to hold supplies

**Decorated Real Cake – Members in each level are required to decorate a real cake.**

**(Note: Styrofoam cake forms are not to be used)**

- The cake can be either round or square in shape and 8" to 11" (20.0 - 27.5 cm) in size for **Levels 1 to 4.**
- Members in **Level 4** can make a tiered cake or a single layer cake covered in rolled fondant

- In **Level 5** 4-H members are to make a shaped cake.
- Members may stack two small cakes directly on each other and ice them as one cake to give higher sides for decorating.
- Other cakes, such as cakes from decorative pans are not permitted.
- Members should take into consideration that they will be transporting the cake to Achievement Day, Exhibition/County Show and possibly 4-H Nova Scotia Provincial Show.

**NOTE:** Members in all levels can use sugar molds on their cakes. Members can use technique tools such as the turntable, rose nails, and artificial stamens.

**NOTE:** Members are not allowed to use any embellishments or decorations on the cake made with anything other than icing, fondant, sugar molds, marzipan and the permitted decorating tips, (i.e., both edible decorations such as gel icing and non-edible decorations such as a clown’s head, wire in flowers, embellishments, etc. are not permissible).

**Decorated Cakes:**

**NOTE:** If members are unable to get the exact size of tips required for their level, the member should use the tip size as close to it as possible.

The following tip numbers are taken from Wilton’s Cake Decorating program:

Round Tips	Tips #1 - 12;
Open Star Tips	Tips #13 - 22;
Drop Flower Tips	Tips #106-109, #131 – 194, #224 or other drop tips;
Leaf Tips	Tips #65 - 71; #349, #352.
Petal Tips	Tips #59 - 61, 101 – 104
Basket Weave Tips	Tips #46 and 47.

*There are many types of cake decorating tips and decorating sets available to purchase. If you use a set other than Wilton’s the numbers may not be the same. The Cake Decorating Leaders’ Resource Guide contains a very good set of diagrams for each tip which you can refer to, ensuring yours are done correctly.*

**Level 1:** Members must use a minimum of three (3) of the following five (5) tips – The tips to select from in Level 1 are #67, #4, #16, #21 and #131, 224 or other drop tips.

*Members are permitted to use all five tips if they wish, but the minimum requirement is that they use three of these tips.*

**Level 2:** Members must use tips #104 and a #7 rose nail and as well, they can use the tips from Level 1. The cake must have a rose or sweet pea arrangement, including leaves, on it and at least one of the borders learned in Level 2. Members can use tips #349 and #352 for leaf making if they wish. Members can use marzipan on the cake as well.

**Level 3:** Members must use #60 and #47 and at least one optional tip of their choice and the Lily Nail as well as the tips from Level 1 and 2. (Note: Wilton has discontinued Tip #60 so members should use Tip #59 or # 61 if unable to purchase Tip #60). Members can use tips #349 and #352 for leaf making if they wish. Members must do one flower that they haven't completed in the previous level.

*Once members have satisfied the Minimum Requirement for Level 3, they are permitted to use any tips that they wish to use.*

**Level 4:** Members must use rolled fondant to cover their cakes in this level. Flowers and other items on the cake can be made from rolled fondant, royal icing or regular icing. Members are encouraged to do flowers that they haven't completed in a previous level.

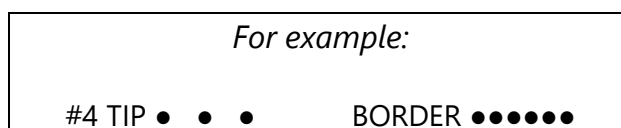
*Once members have satisfied the Minimum Requirement for Level 4, they are permitted to use any tips that they wish to use.*

**Level 5: Please note that a shaped cake is a pieced cake and not a cake made with a shaped/character pan.** A photo story and write up outlining the process of making the cake MUST be included as the second component of Level 5.

## **Second Project Work Article**

### **Level 1: Tip and Border Display**

- The **Tip and Border Tray** uses actual icing to show samples of **four** of the five tips – Leaf (Tips #65 - 71; #349, #352), Round (Tips #1 – 12), Small Open Star (Tips #13 – 18), Large Open Star (Tips #20-22), and Drop Flower (Tips #106-109, #131–194, #224 or other drop tips - to make both designs and borders.
- The tip and border tray can be done on cardboard, a Styrofoam tray or cake board.
- The maximum size for the tip and border display is 9" x 16" (22.5 cm x 40 cm). Be sure that your display shows a sample of tips and the border you have created using each of the four tips. Be sure to label each design with the tip number. A suggestion would be to do the actual tip design and a border using that tip.



## **Level 2: Marzipan**

- Each member creates their own **marzipan**. Display must include at least three (3) figures. (i.e., three different fruits, people, animals, etc.) It is not required that figures be related in theme.
- The marzipan itself can be made as a group; however, each member must display the figures that they created.
- The marzipan maybe be coloured.
- The finished shape can be painted using diluted food colouring and a small paint brush.

## **Level 3: Flower Tray**

- The Level 3 member must create a **Flower Tray** featuring five (5) different flowers learned this year made from actual icing.
- The tray can be done on cardboard, a Styrofoam tray, or cake board.
- The maximum size for the Flower Tray display is 9" x 16" (22.5 cm x 40 cm). Be sure that your display adequately shows the five flowers that you have created.

## **Level 4: Rolled Fondant Decoration Display**

- The **Rolled Fondant Display** must feature five (5) different decorations learned this year. (i.e., flowers, cards, animals, etc.)
- The tray can be done on cardboard, a Styrofoam tray, or cake board.
- The maximum size for the Rolled Fondant Decoration Display is 9" x 16" (22.5 cm x 40 cm). Be sure that your display shows adequately, the five decorations that you have created.

## **Level 5: Shaped Cake Photo Story and Write-Up**

The photo story and write up accompanying a Level 5 shaped cake counts as the member's second required project work article. If a member chooses, they can do a sugar mold display, as a third article.

## Exhibition / 4-H Nova Scotia Provincial Show Class List

### CLASS 6: CAKE DECORATING

<b>Section 1:</b>	Decorated Cake Level 1
<b>Section 2:</b>	Decorated Cake Level 2
<b>Section 3:</b>	Decorated Cake Level 3
<b>Section 4:</b>	Decorated Cake Level 4
<b>Section 5:</b>	Decorated Cake Level 5 * <b>Note: The shaped cake must be accompanied by a photo story and a write-up outlining the process of making the cake.</b>
<b>Section 6:</b>	Tip and Border Tray * - Level 1 (23.0 x 40 cm; 9" x 16" maximum)
<b>Section 7:</b>	Marzipan Collection * - Level 2 - at least 3 pieces
<b>Section 8:</b>	Flower Tray * - Level 3 - (Collection of 5 flowers) (23.0 x 40 cm; 9" x 16" maximum)
<b>Section 9:</b>	Rolled Fondant Decorations * - Level 4 - (Collection of 5 decorations) (23.0 x 40 cm; 9" x 16" maximum)
<b>Section 10:</b>	Sugar Molds * - all levels, maximum collection of 3

**\*Please refer to Requirements listed in front of this newsletter**

#### Leader Resources

Please visit the 4-H Nova Scotia website for the Cake Decorating Project Leaders' Manual, which includes information on the following:

#### Cake Decorating Project Guidelines

**Icing:** Members are required to make their own icing for the cake.

**Sugar Molds:** These are an option for members in all levels. The entry must contain three (3) individual small pieces or (1) large piece. There are classes at Exhibition and 4-H Nova Scotia Provincial Show for sugar molds.

**Tiered Cakes:** The Cake Decorating Leaders' Resource Guide contains directions on making tiered cakes and helps you with cakes with separated tiers or those stacked directly on top of each other. It is important to add support in the base cake so that its top doesn't cave in under the extra weight. Level 4 and 5 members covering their cakes with rolled fondant might want to include support in the cake so the top remains smooth and secure.

**Colouring the Icing:** The best and easiest way to colour any type of icing is to add the food colouring while you're mixing it. If you want to touch up the edges or add highlights to the flowers after their finished you can. Use a damp brush, adding only enough water to keep brush marks from showing. Dilute the food colouring to achieve the colour you want. Use the brush to add the highlights with touches of colour.

**Personal Hygiene:** Cleanliness is very important since you are working with food. Remember to tie hair back, wear an apron, have a clean work area and wash hands before you begin cake decorating.

### **CLASS 64: CAKE DECORATING COMPETITION (at the 4-H Nova Scotia Provincial Show)**

1. Open to the top junior and the top senior cake decorating members from each county.
2. Competitors are required to register Saturday morning to receive general instructions. The organizing county will provide the competitors with a theme they must use when decorating their cakes. Refer to printed program for time and location.
3. Contestants will have one hour to decorate a 15-20 cm (6 - 8") square or round cake and are responsible for clean up afterwards.
4. **Members are required to bring their own decorating bags, colours and tips. The following tips are permitted to be used depending on the level they have completed in the current 4-H year:**
  - Level 1:** Must use 3 tips of #4, #16, #67 #21, #131
  - Level 2:** Must use tips #67 and #104, may use tips #349 and #352 for leaves, a #7 Rose Nail and any other tips of level one they choose
  - Level 3:** Must use tips #60 and #47, and any other tips they choose
  - Level 4/5:** May use any tips they choose
5. Members will be supplied with all other necessary equipment, cakes, aprons, and pre-mixed white icing. Members must bring their own colours. No alternate decorations can be used; however, you may make whatever you choose from the icing provided.
6. Contestants should bring their own aprons
7. Several contestants at the same project level will be working at the same time and the event will be repeated until all contestants have participated.
8. Contestants will be neat in appearance and since they are handling food, clean hands are a must and long hair tied back.
9. Members will be judged on preparation, specifically sanitation and hygiene, as well as the final product. Prizes will be awarded to the top junior and top senior members.