Whether you are new to the project or an experience horseman, the Light Horse Project has lots to offer. This newsletter will give you an overview of the Light Horse English, Light Horse Western, & Horse Basics projects, answer some of your questions concerning expectations of the project and provide you with activity ideas and some resources. The Horse Basics project is designed for members who will not be riding. Project newsletters are an excellent reference to keep on hand to refer to throughout the year. Enjoy your year in the Light Horse Project and when working on your project, remember to "Learn to do by Doing." If you have any questions, please contact your Regional Agriculture Leadership Coordinator (ALC).

**Project Work Requirements**

On Achievement Day, Light Horse & Horse Basics members must complete showmanship with their registered 4-H horse. For showmanship, horse members may choose to show in either English or Western attire and tack. English showmanship tack should include a bridle, while Western should include a halter and lead. If a member registers one horse for the Light Horse English project and a different horse for the Light Horse Western project, that member must complete showmanship with each horse and two separate record sheets, for project completions in both projects.

**NOTE:** Horse Basics members must also exhibit a report or display on some aspect of horsemanship at their Achievement Day.

**NOTE:** There is a specific Horse Basics Project Record Sheet, which must be used by Horse Basics members.

**Dress Code**

All Light Horse members are required to wear properly fitted and fastened SEI-ASTM approved equestrian helmets at all times when riding and/or driving at 4-H events.

*English Light Horse*: Attire – Jacket (optional), long sleeved shirt (if a jacket is not worn); boots; jodhpurs or breeches; ties, stock, or choker. A whip or crop, not exceeding 75 cm (130 inches) in
length, is permitted for Hunter Hack classes only. A whip, not exceeding 120 cm (47 inches) in length, is permitted for Dressage classes only.

**Western Light Horse:** All exhibitors must wear appropriate Western attire, with long sleeves, and a boot with a heel. A Western hat is permitted for Showmanship classes only. The hat must be on the exhibitor’s head when entering the ring. Spurs and chaps are optional. Appropriate jeans are acceptable attire.

**Livestock Registration**
4-H members must select their 4-H animals by May 1st of the current 4-H year, and must submit livestock registration information to the Regional ALC by May 15th of the current 4-H year. This information is necessary to assist with county show/exhibition planning, including judges, class schedules, awards, etc. The following information must be submitted for Livestock Registration requirements: name of member, junior member/senior member, conformation class entered, sex of animal, breed of animal, and date of birth of animal.

4-H animals may be substituted between the registration deadline of May 15th and Achievement Day in the case of injury, sickness, disease or death of the animal. If an animal is to be substituted prior to Achievement Day, pre-approval from the Regional ALC is necessary. A vet certificate may be required. **After Achievement Day, no substitutions in animals are permitted.** 4-H members who complete their livestock project with their own registered/approved animal on Achievement Day may use another 4-H member’s 4-H animal in a showmanship class at county show/exhibition and the 4-H Nova Scotia Provincial Show.

**NOTE:** Horse Basics members must show a registered 4-H Light Horse. They can register another 4-H member’s horse or their own, but it must be the horse they will complete showmanship with.

**NOTE:** Any equine species that is ridden under saddle and shown in accordance to light horse rules/guidelines, can be used in the Light Horse project.

**NOTE:** 4-H members are strongly encouraged to immunize their horses for their own protection, as recommended by their veterinarian, but are not required to show proof of immunization.

**NOTE:** The Nova Scotia Equestrian Federation (NSEF) offers equine insurance. Although not mandatory, light horse members are encouraged to become NSEF member. For more information, visit their website: [www.horsenovascotia.ca](http://www.horsenovascotia.ca).

**JUDGES AT 4-H SHOW**
Light Horse project members are reminded that they may **donate $5.00** per member toward supplementing current light horse judges pay at 4-H Nova Scotia Provincial Show. Light Horse Leaders are requested to collect these monies and forward to:
*Specify that the money is for Provincial Show Light Horse Judge funds.

All monies received prior to May 31 (current 4-H year) will go toward the current year, only monies received after May 31, will go toward the following year. Light Horse Leaders can submit names of qualified judges. Submissions must include: name, address, phone number, English/Western, and reasons why you would recommend that judge. Please keep in mind the show location to minimize travel expenses. 4-H judges are paid $40/day plus any contribution received from membership. Please submit judge’s information to the 4-H Nova Scotia (address above).

**4-H Nova Scotia Provincial Show Class & Sections:**
Each county is eligible to send the top two junior and top two senior Light Horse Western Riders, Light Horse English Riders, and Light Horse Showman to the 4-H Nova Scotia Provincial Show. Riding members will show in Equitation, plus two additional riding classes of their choice.

The sections are as followed:

**CLASS #2: SHOWMANSHIP**

<table>
<thead>
<tr>
<th>Section 4:</th>
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<tbody>
<tr>
<td>Junior Light Horse</td>
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<tr>
<td>Senior Light Horse</td>
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**CLASS #50: ENGLISH LIGHT HORSE**

<table>
<thead>
<tr>
<th>SECTION 1:</th>
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<tr>
<td>SECTION 2:</td>
<td>Senior Equitation</td>
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<tr>
<td>SECTION 3:</td>
<td>Junior Pleasure</td>
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<td>SECTION 4:</td>
<td>Senior Pleasure</td>
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<tr>
<td>SECTION 5:</td>
<td>Junior Dressage*</td>
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<td>SECTION 6:</td>
<td>Senior Dressage*</td>
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<td>SECTION 7:</td>
<td>Junior Road Hack</td>
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<td>SECTION 8:</td>
<td>Senior Road Hack</td>
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<tr>
<td>SECTION 9:</td>
<td>Junior Hunter Hack</td>
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<td>SECTION 10:</td>
<td>Senior Hunter Hack</td>
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**CLASS #51: WESTERN LIGHT HORSE**

<table>
<thead>
<tr>
<th>SECTION 1:</th>
<th>Junior Equitation</th>
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<tbody>
<tr>
<td>SECTION 2:</td>
<td>Senior Equitation</td>
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<td>SECTION 3:</td>
<td>Junior Pleasure</td>
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<td>SECTION 4:</td>
<td>Senior Pleasure</td>
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<tr>
<td>SECTION 5:</td>
<td>Junior Barrels/Poles**</td>
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<td>SECTION 6:</td>
<td>Senior Barrels/Poles**</td>
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<tr>
<td>SECTION 7:</td>
<td>Junior Trail</td>
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<td>SECTION 8:</td>
<td>Senior Trail</td>
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<tr>
<td>SECTION 9:</td>
<td>Junior Reining***</td>
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<tr>
<td>SECTION 10:</td>
<td>Senior Reining***</td>
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**NOTE:** Light Horse members showing in Dressage can choose to ride from two patterns which will be posted on the 4-H Nova Scotia Website in January. When members register for
their optional classes they must identify which level they will be riding. Placings for the Junior and Senior Dressage Classes will be based on the overall numerical scores, i.e., the highest score wins regardless of which of the two identified tests are completed.

NOTE: Barrels and Poles classes alternate each year. Barrels happen in the odd years, and poles happen in the even years.

NOTE: Reining patterns for the current 4-H year will be posted on 4-H Nova Scotia Website in January. Score card and rules can be found in the 4-H Light Horse Regulations and Standards. In Reining Classes, riders MUST complete four (4) consecutive spins in each direction. (Riders may continue to use two hands or one on their reins).

LEADER RESOURCES

Please ask your Regional ALC for Light Horse leaders’ resources.

Project Meeting Ideas

- Veterinarian presentation on horse diseases
- Judging practices at neighboring horse stables
- Session with a farrier about hoof care and proper shoeing
- Visit to a horse breeding farm
- Session on proper care and safe tacking of your horse
- Judging practices with other 4-H Clubs
- Fun trail rides or horse shows

Regulations and standards

As of 2014, the Light Horse Leaders’ Guide Regulations and Standards have come into effect; please ask your Regional ALC for a copy.

ENGLISH BITS: Snaffles, pelhams, full bridles, or kimberwicks are permissible for English Equitation, Road Hack, English Pleasure, and Hunter Hack. For Dressage, an “Ordinary Snaffle” (a plain snaffle with a mouthpiece that is a straight bar or jointed in the centre), should be used. Loose ring -, Eggbutt -, D-ring -, and full-cheek snaffles must not be overly large in diameter. Twisted mouthpieces and twisted wire mouthpieces are not recommended and are not permitted for Dressage classes. A double twisted wire bit may be used by experienced riders. Leaders are strongly encouraged to check that all tack is 4-H approved (listed in Rules and Regulations in Leaders’ Manual) and that bits are being used responsibly. Cavesson nosebands are the only nosebands allowed in all English classes, except for Dressage, where a dropped noseband is acceptable.

See Below for some examples of acceptable English bits – due to the many styles of bits, not all may appear here, please check with your leader to make sure your bit is proper.
WESTERN BITS: Wire curbs, chin straps, and chains narrower than 1 cm (½ inch) are prohibited. Martingales and tie-downs (exception for Barrels and Poles classes) are prohibited.

NOTE: Junior horses (those 5 years and under), as of January 1 of the current 4-H year, may be shown with a bosal, or smooth-mouth snaffle bit. If using a bosal, or smooth-mouth snaffle bit is used, the horse must be ridden with two hands on the reins. Senior horses (those 6 years and over), must be shown in a suitable Western curb bit equipped with a curb strap or chain, and ridden with one hand. One finger is allowed between split reins. Hands are not to be changed during a class. In Trail, it is permissible to change hands to work an obstacle.

A suitable Western snaffle bit is described as: Conventional O-ring -, eggbutt - or D-ring snaffle with the ring being no larger than 4". The mouthpiece should be round, smooth, and unwrapped metal. The bars must be a minimum of 5/16" in diameter, measured 1" in from the cheek, with a gradual decrease to centre of the snaffle. The mouthpiece may be two or three pieces. If three-piece, with a connecting ring of 1 ¼" or less in diameter, or a connecting flatbar or 3/8" to 3/4" (measured top to bottom with a maximum length of 2"), which lies flat in the horse’s mouth, is acceptable.

A hackamore is described as: a flexible, braided rawhide, leather or rope bosal, the core of which must be flexible and which has a complete mecate rein including a tie-rein. No rigid material allowed under the jaws regardless of padding or covering. Horsehair bosals prohibited. This rule does not refer to a mechanical hackamore.

A bit in Western performance is described as: the use of a curb bit that has a solid or broken mouthpiece, has shanks and acts with leverage. It must be used with a properly attached curb strap or chain at least ½" in width which lies flat against the horse’s jaw and is smooth and at least ½" in width.

A description of a legal, standard Western bit: 8 1/2" (215 mm) maximum length shank measured as in the diagram below. Shanks may be fixed or loose. The bars must be round, oval or egg-shaped, smooth and unwrapped metal of 5/16" to ¾" (8 to 20 mm) in diameter 1" (25 mm) in from the cheek. The mouthpiece may be 2 or 3 pieces. A 3-piece connecting ring of 1 ¼" (32 mm) or less in diameter, or a connecting flat
bar of ¾” to ¾” (10 to 20 mm) measured top to bottom with a maximum length of 2” (50 mm), which lies flat in the horse’s mouth is acceptable. The port must be no higher than 3 1/2” (90 mm) maximum, with rollers and covers acceptable. Broken mouthpieces, half breeds, and spades are standard.

(See Below for some examples of acceptable and unacceptable Western bits – due to the many styles of bits, not all may appear here, please check with your leader to make sure your bit is proper.)

NOTE: The Following are Prohibited pieces of Equipment:

- Wire Curbs
- Tapaderos (stirrup covering)
- Chin straps or chains, narrower than 1 cm (½”).
- Shank bits without chin straps or chains
- Martingales and Tie-Downs (exception: Barrels & Poles)

Illegal Bits:
UNACCEPTABLE ENGLISH BITS

ESCESSIVE PORT  TRIANGULAR MOUTH

ADDITIONAL NOTES:

Horse tack checks may be done by show tack inspectors at the 4-H Nova Scotia Provincial Show and members and leaders must be aware of legal/illega l use of horse tack as outlined in the Regulations and Standards book. This applies in show classes and in warm up areas.
For the 4-H Nova Scotia Provincial show, counties will be allocated box stalls for \( \frac{1}{2} \) of the total number of light horses participating as of September 15, the scratch/substitution date. Counties must then allocate within their county.) The remaining \( \frac{1}{2} \) will be straight stalls.

Equine Canada Rules complement the 4-H Nova Scotia Light Horse Leader’s Guide Regulations and Standards where there are any grey areas.

Champion Light Horse Showmanship Class at 4-H Nova Scotia Provincial Show will be judged by two judges and the average score will be used to determine the placing.

At the 4-H Nova Scotia Provincial show, warm up times will be indicated in the program and members are to wear their back numbers always when riding.

Tacking up and braiding in the aisles of the barn is strictly prohibited at 4-H Nova Scotia Provincial show.

Only 4-H Registered animals that qualify for 4-H Nova Scotia Provincial show can be housed at the show.

All Light horse patterns for competition at 4-H Nova Scotia Provincial show will be accompanied by a drawn pattern with a legibly printed legend.

Please note that the National Farm Animal Code of Practice should be followed when housing animals for 4-H events.

These standards can be found at: [http://www.nfacc.ca/](http://www.nfacc.ca/)

**CONTAGIOUS/INFECTIOUS DISEASE & QUARANTINE:**

4-H members, leaders, parents and livestock owners are reminded that 4-H achievement days and shows are showcases for the 4-H program, and the agricultural industry in this province. They are reminded that infectious diseases can be transmitted during transport, as well as at the show. As such, it is strongly recommended for the protection of the public, participants, and the animals at the show, that animals having or showing signs of infectious diseases not be brought to shows. As well, livestock exhibitors and owners must understand that in attending 4-H Shows, there is a risk of their animal contracting disease regardless of the best efforts of all involved.
If you suspect that your animal has a contagious/infectious disease, please contact your local veterinarian immediately and learn more about the consequences, treatment, and transmission of the disease.

A brochure providing additional information on "Infectious and Contagious Diseases Affecting 4-H Livestock" is available. If you wish to receive a copy by mail or email, please contact your ALC for this information. It contains important information for all livestock members on this topic and will be critical to review with 4-H Clubs, livestock owners, and your local veterinarian when making decisions about attending 4-H achievement days and shows.