



# CAMP RANKIN

## COUNSELLOR-IN-TRAINING

Camp Rankin is a co-ed residential camp for 4-H members ages 9 to 15. Broken into five one-week camps (ie. three one-week camps ages 9 – 12 and two week-long camp ages 13 – 15), the camp week begins on Sunday afternoon and ends the following Friday morning. A staff of nine is employed for the total five weeks of camp. Each week, six counselors-in-training are brought in as unpaid volunteers to help the counselors and “learn the ropes”. Through camp we strive to uphold the 4-H values and traditions which encourage care and responsibility for our resources and teaches positive life skills to youth. Camp Rankin is located in Cape Breton just outside of St. Peter’s on the Bras d’Or Lakes.

### RESPONSIBLE FOR:

Under the supervision of the Camp Director, the Camp Counsellor-In-Training (CIT) will:

- Assist 4-H camp counselors with their responsibilities.
- Be able and willing to treat each camper, staff person, and peers with respect and dignity at all times.
- Attend and participate in classes and activities designed to provide 4-H camp counselor training.
- Learn the objectives of the 4-H camping program.
- Follow the 4-H Code of Conduct at all times.
- Demonstrate familiarity with 4-H rules and policies.
- Be able and willing to accept and perform leadership roles when needed, and to work as a member of the team when others are in the leadership position.
- Be a positive role model for the campers at all times during 4-H camp, as well as for the staff working with the 4-H camping event.
- Be present and on-time for all assigned activities, events, and duties.
- Provide for the safety and well-being of each camper at all times.
- Each CIT will be assigned to a camper cabin for overnight stay for the duration of the week.
- Performing other duties as assigned by the Event Facilitator/4-H Nova Scotia in charge of the 4-H camp.

### QUALIFICATIONS:

- Experience working with youth and peers considered an asset.
- Demonstrates emotional maturity and enjoys the outdoors.
- Friendly, enthusiastic, patient and willing to learn.
- Up-to-date First-Aid/CPR training is an asset.
- Lifeguard and formal canoe training is considered an asset.
- First-hand experience with the Camp Rankin program or experience as a Camp Counsellor is a definite asset.

**SALARY:** This is an unpaid, volunteer posting for a total of 1 week.

*\*\*Accommodation and meals are provided throughout the duration of camp.*

To apply, please **complete Application Form attached** and send via Email, Mail or In-Person listed below: **\*\* Due April 30, 2019\*\***

**Email:** [kayla.graham@4hnovascotia.ca](mailto:kayla.graham@4hnovascotia.ca)

**By Mail:** 4-H Nova Scotia PO Box 30066, Robie PO, Truro, NS B2N 7J1

**In Person:** 90 Research Drive, Suite 122, Bible Hill, NS

**Fax:** 902-920-0192



# CAMP RANKIN COUNSELLOR-IN-TRAINING

Date received (for office use only): \_\_\_\_\_

**APPLICANTS MUST BE 15 YEARS OF AGE OR OLDER BY JULY 1<sup>ST</sup> TO APPLY**

Please **submit a resume and cover letter**, outlining your training and skills, to the completed application.

Name: _____	Age: _____	Birthdate (DD/MM/YYYY): _____
Email: _____		Gender: _____
Mailing/Civic Address: _____		
Street Address: _____		
Town/City: _____	Province: _____	Postal Code: _____
Health Card #: _____		Expiry Date: _____
Parent/Guardian: _____		
Phone: Home: _____	Cell: _____	
Work: _____		
<b>Primary Daytime Contact Number:</b> <input type="checkbox"/> Work <input type="checkbox"/> Cell <input type="checkbox"/> Home		

## MEDICAL HISTORY

Family Doctor: _____	Contact number: _____
Do you have any allergies?    Yes <input type="checkbox"/> No <input type="checkbox"/>	
Do you have any other medical conditions?    Yes <input type="checkbox"/> No <input type="checkbox"/>	
Do you carry an EpiPen?    Yes <input type="checkbox"/> No <input type="checkbox"/>	
Is there anything preventing you from participating in physical activity: ( <i>hiking, sports, etc.</i> ) Yes <input type="checkbox"/> No <input type="checkbox"/>	
If yes, <b>to any of the above</b> , please explain: _____	

Please specify any **dietary restrictions**: \_\_\_\_\_

\_\_\_\_\_



# CAMP RANKIN COUNSELLOR-IN-TRAINING

## 4-H BACKGROUND:

Are you, or have you been, a 4-H Member?  Yes  No If yes, how many years?

How were/are you involved with your club?  
\_\_\_\_\_

Have you been a CIT before?  Yes  No If yes, when? \_\_\_\_\_

## CAMPING EXPERIENCE:

Have you attended Camp Rankin, or another camp, as a camper?  Yes  No

What traits do you possess that would be beneficial to you as a Camp CIT?  
\_\_\_\_\_

Do you have personal or professional experience in the following? (please check all that apply)

- |  |   |                                   |  |
|--|---|-----------------------------------|--|
| <input type="checkbox"/> Canoeing      | <input type="checkbox"/> Orienteering   | <input type="checkbox"/> Nature   | <input type="checkbox"/> Forestry                              |
| <input type="checkbox"/> First-Aid/CPR | <input type="checkbox"/> Outdoor Living | <input type="checkbox"/> Swimming | <input type="checkbox"/> Wilderness Survival                   |
| <input type="checkbox"/> Recreation    | <input type="checkbox"/> Communications | <input type="checkbox"/> Drama    | <input type="checkbox"/> Music <input type="checkbox"/> Crafts |

If yes, please tell us the type of experience: \_\_\_\_\_

Which week of camp do you wish to work?

- |   |   |
|---|---|
| <input type="checkbox"/> July 7 – 12 <i>Junior</i>  | <input type="checkbox"/> July 28 – August 2 <i>Intermediate</i> |
| <input type="checkbox"/> July 14 – 19 <i>Junior</i> | <input type="checkbox"/> August 4 – 9 <i>Intermediate</i>       |
| <input type="checkbox"/> July 21 – 26 <i>Junior</i> |   |

Tell us why you want to volunteer at Camp Rankin (minimum 50 words):

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# CAMP RANKIN COUNSELLOR-IN-TRAINING

## COMMUNITY AND SCHOOL

What is the last grade level you completed in school? \_\_\_\_\_

What other groups or activities did/do you belong to outside of 4-H? \_\_\_\_\_

List two (2) references (other than relatives):

1. Name: \_\_\_\_\_ Occupation: \_\_\_\_\_

Phone: \_\_\_\_\_ Address: \_\_\_\_\_

2. Name: \_\_\_\_\_ Occupation: \_\_\_\_\_

Phone: \_\_\_\_\_ Address: \_\_\_\_\_

## CAMP INFORMATION

**T-Shirt Size:**

Youth	<input type="checkbox"/> S	<input type="checkbox"/> M	<input type="checkbox"/> L	<input type="checkbox"/> XL			
Womens	<input type="checkbox"/> XS	<input type="checkbox"/> S	<input type="checkbox"/> M	<input type="checkbox"/> L	<input type="checkbox"/> XL	<input type="checkbox"/> XXL	<input type="checkbox"/> XXXL
Mens	<input type="checkbox"/> XS	<input type="checkbox"/> S	<input type="checkbox"/> M	<input type="checkbox"/> L	<input type="checkbox"/> XL	<input type="checkbox"/> XXL	<input type="checkbox"/> XXXL

**Return on or Before April 30, 2019 to:**

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