



Fashion Show Competition

RULES AND REGULATIONS

1. Open to junior and senior sewing members.
2. At the provincial level, the competition will be open to the top junior and top senior model in each county.
3. Garments to be modeled must be the ones made and judged on Achievement Day.
4. Commentaries should be as complete as possible, including member's name, age, number of years in sewing project, etc. Include a complete description of style, color, material, special features, etc. of the garment. The more details supplied, the easier it will be to make an overall commentary for the fashion show.
5. Two practice sessions will be held at the 4-H Nova Scotia Provincial Show. It is strongly encouraged that members attend both practice sessions. Refer to the program for rehearsal time.
6. Prizes will be awarded to the top junior and top senior members.

NOTE: If you are selected as the county entry in the Fashion Show at the 4-H Nova Scotia Provincial Show you are asked to forward a completed commentary to the RPC who covers the County coordinating the Fashion Show listed in the 4-H Nova Scotia Provincial Show Class List and Program. **Please be sure to SEND IN YOUR COMMENTARY before the scratch and sub date – SEPTEMBER 13.** This is a firm deadline and in order to participate in the Fashion Show your commentary must be received by this date and time.

Writing Commentaries:

The purpose of a fashion show commentary is to provide a brief but complete description of the garment. As a member, you want your outfit to sound very appealing to the audience, so it's important to construct your sentences very carefully. The commentary should flow well, be easy for the commentator to read and be pleasing to the ear. Use adjectives to make the outfit come alive and be imaginative.

Your Commentary is More Than a Description of Your Garment.

Commentaries provide clues for the entrance, exit and modelling gestures. The commentary will bring attention to garment details. When a hand gesture seems appropriate to accent any details or to add style to your modelling, be sure to practice it until it seems natural. The commentary should not be too long, but long enough to provide ample time for the model to show off the garment. A lengthy commentary may bore the audience so it is important that it is short, snappy and descriptive. An extra short commentary can also be a problem. Any model will agree that modelling in silence because of a short commentary is not much fun. Your commentary is worth spending time on. If you have spent hours making the garment, you should feel proud and want to show off your efforts to parents and friends. A well written commentary can help you feel good about participating in a 4-H Fashion Show and can be the difference between doing an alright or super modelling job.

Some points to help writing commentaries include:

- The commentary should tell about the member as well as the garment. The more information and detail included, the more interesting the event.
- In the first couple of lines give the members name and club, then mention the garment that they are wearing.
- In the next paragraph describe the garment details. Be sure to include the type of sleeves, bodice style, collar, waistband, pockets, etc.
- Conclude with accessories and finishing touches.
- To effectively show off the garment to the audience the commentary should be about 3/4-page long. Be sure to complete the commentary section of the record sheet for Achievement Day.

If you are selected as the county entry in the Fashion Show at 4-H Provincial Show, you are asked to forward a completed commentary to:

4-H Nova Scotia

PO Box 30066, Robie PO, Truro, NS B2N 7J1

or by email at: info@4hnovascotia.ca;

or by Fax: 902- 843-3990

before NOON on September 13.

This is a firm deadline.

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