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Welcome and thank you for joining 4-H Nova Scotia!

As a new 4-H family, there will be questions. Give yourself some time to get in the flow of the program. This is a youth development program and each year members gain skills and confidence through this structured program. Here are a few points to guide you:

CLUBS:

- Members join at the Club Level through the General Leader and will select projects based on what is offered by the club in the given year.
- Each club is supported by a group of volunteers consisting of the General Leader, Project Leaders and other volunteers. Please be respectful that this is a volunteer-based organization.
- 4-H Families may select their club based on several factors including location and projects offered.
- Each club outlines what is required for club participation to be a member of the program, including meeting attendance, fundraising and other requirements.
- Registration includes:
 - o **Registration fees:** Determined and collected at the club level. A portion is submitted to 4-H Nova Scotia to cover items such as insurance and a portion is used to fund operations of the club.
 - o **New Family Registration Form** (online or hard copy).
 - o **Code of Conduct:** All members and their parent/guardians are required to sign and provide to general leader. All are required to adhere to the Code of Conduct.

YEAR AT A GLANCE:

The 4-H Year follows a set pattern each year and details can be found through links on the Year at a Glance page on our website. The program is based on various levels of participation and competition:

- Club: Focus on general meetings, project work, community service, public speaking and Achievement Day.
- County: County Councils with representatives from each club organize various competitions to qualify for provincial level competitions: Public Speaking; Judging; Exhibitions / 4-H Days; Woodsmen; Tug-of-War
- Provincial: 4-H Weekend, Provincial Show and Camp Rankin are key events (refer to website for details)
- National / International: 4-H in Canada is committed to providing awards and travel opportunities.

RESOURCES:

- Refer to our website (www.4hnovascotia.ca) for information on the program. The search icon can be helpful in quickly locating topics.
- Connect with a buddy in the club who can help guide you through the year and answer questions.
- Project Requirements are outlined in the Project Newsletters

4-H in Nova Scotia has created a vibrant community focused on youth development! Wishing you all the best as you start your 4-H journey!

Yours in 4-H,

Cathy Caswell
Executive Director, 4-H Nova Scotia

Learn To Do By Doing