

# Online Local Foods Competition Report



Name:		Age:
Club:		County:
Recipe Title:		
Origin of recipe:		
Why did you choose to make this recipe?		

Please list your ingredients with measurements in order of use.	
Nova Scotia Ingredients (grown or produced):	Other ingredients:

Recipe Instructions: Include all steps required referencing all ingredients and tools.

**If you need more room to write about your project, please include an additional page.  
Remember to send in your recipe and a photo with this report.**

**PRIVACY STATEMENT:** THE 4-H NOVA SCOTIA PROGRAM PROTECTS YOUR PERSONAL INFORMATION BY ADHERING TO THE "FREEDOM AND PROTECTION OF PRIVACY ACT" AND OTHER LEGISLATIVE REQUIREMENTS WITH RESPECT TO YOUR PRIVACY. WE USE, AND MAY SHARE, YOUR PERSONAL INFORMATION WITH 4-H PROGRAM PARTNERS TO KEEP YOU INFORMED ABOUT, AND PROVIDE YOU WITH, 4-H PROGRAM ACTIVITIES AND SERVICES; TO SATISFY GOVERNMENT AND REGULATORY OBLIGATIONS; AND FOR RESEARCH PURPOSES. WE MAY SHARE THE FOLLOWING PERSONAL INFORMATION FOR PROGRAM/SERVICES/ACTIVITY PUBLICITY: YOUR NAME; YOUR PHOTOGRAPH; YOUR 4-H CLUB NAME; THE NAME OF THE COMMUNITY AND COUNTY WHERE YOU ARE FROM. **BY COMPLETING AND SIGNING THIS LEGAL DOCUMENT, YOU UNDERSTAND AND ARE CONSENTING TO THE USE OF AND SHARING OF NECESSARY INFORMATION AS DESCRIBED ABOVE.** FOR MORE INFORMATION, CONTACT THE 4-H NOVA SCOTIA OFFICE BY EMAIL AT [INFO@4HNOVASCOTIA.CA](mailto:INFO@4HNOVASCOTIA.CA).