



# Vegetable Preparation Competition

This competition is open to senior and junior members. Each member will be given a variety of quality vegetables. The judge will observe the vegetables before and after the competition. Members will be asked to prepare the vegetables ready to show to the best of their ability according to the guidelines in the Horticulture Project Newsletter.

Time limit for preparation of vegetables will be fifteen (15) minutes. Vegetables will be displayed on plates provided. Members are asked to bring whatever they use to prepare vegetables - knives, cloths, water, scrub brush, etc. Water may be used to clean the vegetables; however, no injury to the skin is permitted.

Judging is based on the end product and the members' work techniques. Each county is eligible to send the top junior member and the top senior member to the Vegetable Preparation Competition at the 4-H Nova Scotia Provincial Show.